

Fry Words 1-400

Organized by Syllable Type

Thank you for attending my webinar on sight word instruction!

As part of your attendance you are receiving these free materials to help you on your instructional journey. Below are a few great tips to keep in mind when teaching sight words (high frequency words). Please do not share this resource on social media as I also sell this product aside from the webinar. Thanks for understanding!

Tip #1: Keep the big picture in mind!

Remember how words are mapped onto the brain for long-term, effortless retrieval. **Orthographic mapping** is the term describing the mechanism of learning that forms the 'memory' of a word (see research from Dr. Linnea Ehri and insights from David Kilpatrick). Help your students **build the capacity** for mapping words! Trying to memorize one word at a time has a short shelf life.

Tip #2: Build the capacity to map words into long-term memory.

Remember there are 2 requisite skills necessary for the development of orthographic mapping. Watch the webinar for more detailed information.

1. Phonemic Proficiency- This is a form of phonemic awareness that goes **beyond the ability** to blend phonemes (sounds) and segment phonemes within words. Phonemic proficiency describes an ability to **manipulate** phonemes at **an advanced level**.
2. Letter sound knowledge- A strong phonics base is necessary for mapping words into long term memory.

Tip #3: Train those sight words differently!

This list is organized by syllable type (as best as possible). You will see that not every word is a perfect fit for the syllable type I placed it in. Feel free to make adjustments as you see fit. Here are a few ideas for using this list with struggling readers.

1. Introduce the Fry words by syllable type alongside your phonics instruction. In this way, you will be tackling 2 things at once: phonics development AND high frequency word recognition. Use these words in flashcard games and replace your typical sight words games with Fry words by syllable type.
2. Do not feel the need to stay within the confines of a single list. Of course, as teachers, we are often assessing a student's knowledge within a specific list, but if you are looking for words to use in games for phonics practice, get your ideas right from the Fry word list by syllable type and go beyond the specific list you are using at your grade level.

First 100 Fry Words-

Organized by Syllable Type

Closed Syllables:

CVC Words

at	in	get
that	if	then
had	it	them
an	him	when
can	sit	
than	did	up
	this	but
on	will	
not	which	

CVC Words (Final 's' sounds like 'z')

is	as
his	has

Consonant Blends:

and
from

Welded or Glued Word Families

long

R-Controlled Syllable:

her	or
first	for
part	

Open Syllable:

a	he
I	she
*the	we
no	be
so	
go	by
	my

Silent 'e' Syllable:

like	use
time	make
*write	made
more	these

Vowel Team Syllable:

see	each
how	now
out	down
way	oil
look	day
they	may

First 100 Fry Words- Organized by Syllable Type

Teach as a Word Family:

all
call
called

Multisyllable words:

other
about
number

Irregular Words (Grouped as best as possible)

'o' sounds like: /oo/

to into
do who
you two
*your

Similar

would
could

'wa' sounds like: /wau/

was
what
water

Other

of people
said one
there their
many words

Silent 'e' doesn't work!

some
come
have
were
*been

Words with an Asterisk *- You will notice some words have an asterisk before them (*). This is because the word was placed in the syllable category BUT there is something tricky about it. Feel free to move this word to another category as you see fit!

Good Tip! When teaching irregular high-frequency Fry words, place the words on a different color card to indicate to the student that the word is phonetically irregular or "tricky". Always point out what specifically is irregular about the word. Students with strong phonics foundations will be able to remember the word more easily if they know what is "irregular" about it.

Second (200's) Fry Words- Organized by Syllable Type

Closed Syllables:

CVC Words

at	big	tell
back		set
man	off	well
		men

us

much

such

Consonant Blends

just	still
must	land
help	hand
end	spell

went

other

asked

R-Controlled Syllable:

over	turned
after	another
*before	mother
*large	letters
form	

Open Syllable:

try	me
why	so
	*also

Silent 'e' Syllable:

take	line
place	*live
name	here
same	home
came	*page

Vowel Team Syllable:

new	say
sound	found
our	means
good	read
boy	three
show	need
know	too
play	away
air	point
*house	*years
*following	*around
*great	

Second (200's) Fry Words- Organized by Syllable Type

Teach as Word Families:

most (host, post, ghost)
right (night, light, sight etc.)
old (fold, told, sold, mold etc.)
kind (find, mind, rind, hind etc.)
small (all, call, fall, mall, ball, tall etc.)
thing(s) (ring, sing, bring, etc.)
think (rink, sink, pink, drink, etc.)

Multisyllable words:

little	picture
even	again
because	animals
different	answer
sentence	study
American	

Irregular Words (Grouped as best as possible)

'wor' sounds like: /wer/

world
work

Other:

where does
put change
through learn
want should
move

Ends in 'y'

only
very
any

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Third (300's) Fry Words- Organized by Syllable Type

Closed Syllables:

CVC Words

add miss
cut got
run let

Consonant Blends

plant list
last
left
next

Other

until

R-Controlled Syllable:

hard **multisyllable:**
start every carry
car never *earth
far under *four
girl paper
 river
 father
 together
 important
 story

Silent 'e' Syllable:

close face
those state
life late
side while
mile
white

Vowel Team Syllable:

food real
school eat
soon leave
took near
book sea
seem hear
feet head
keep saw
tree few
between eyes
light, high, might, night
own, below, grow
group
without
always
*mountains

Third (300's) Fry Words- Organized by Syllable Type

Teach as Word Families:

both (word family exception)
song, along (welded or glued family)

Other- Contractions:

don't
it's

Multisyllable words:

children	begin
almost	began
often	being
family	second
example	city
*idea	open

Compound words:

sometimes, something

Irregular Words (Grouped as best as possible)

'ough' words

enough
thought

'wa' sounds like: /wau/

walk
watch
thought

other:

young
country
once

'alk'

walk
talk

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Fourth (400's) Fry Words- Organized by Syllable Type

Closed Syllables:

CVC Words

map dog
sun top
fish rock
ship red
pass, passed

Consonant Blends

fast best
black step
plan *wind
stand *since

R-Controlled Syllable:

farm **multisyllable:**
mark ever
birds order
short morning
north better
*door early
*horse heard
*sure during
*measure
*figure
*certain
*color

Silent 'e' Syllable:

five
fire
space
waves
*whole
*complete

Vowel Team Syllable:

room voice
wood seen
south draw
ground knew
town money
*vowel piece
*hours field
low true
slow, slowly
reach, reached
easy
today
against
cried (suffix, not vowel team
but pronounced like one)

Fourth (400's) Fry Words- Organized by Syllable Type

Teach as Word Families:

told, hold, cold
(old-word family exception)
sing, king (ing-welded or glued family)
fall (all-welded or glued family)
pull, pulled (teach with full)

Other- Contractions:

didn't
I'll

Irregular Words

listen
question, questions
friends
war
toward
become

Multisyllable words:

several	hundred
covered	problem
remember	across
numeral	body
music	notice
travel	upon
unit	products
usually	area
happen, happened	
table (cons. 'le' syllable)	

Compound words:

himself

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